

YOUR YEAR IN PE, SCHOOL **SPORT & PHYSICAL ACTIVITY**



St Gregory's Catholic Primary School

COMPETITION TO NAME OF THE PROPERTY OF THE PRO



265 pupil appearances in competitions, festivals and virtual activities this academic year 2019 - 2020. Well done!

Intra-school Participation



Inter-school Participation



SEND: 19 BAME: 8 PP: 26 **New competitors: 41**

Virtual Participation



Participated in Fun Run and Rugby activities

Your school competed in 9 different sports! Sportshall Athletics, Girls Football, Hi-5 Netball, Mixed Football, Cricket, Boccia, Kurling, Dodgeball and Balance Biking...

Keep up the **Great work!**



Introducing children to sports physical activity from an early age can help them to become more motivated and focussed, both in and out of school.

Participation in sport or exercise of any kind will not only improve fitness and general health, it is proven to positively impact mental health and can help increase confidence too!

Establishing a pattern of regular exercise in children can lead to them remaining active throughout their lives.

OUTSTANDING PERFORMANCES



League

Runners Up in School Games Level 2 Hi-5 Netball League pool

Pool Winners in School Games Level 2 Girls Football

3rd Place in heat in Level 2 School Games Year 5 & 6 **Sportshall Athletics**

CURRICULUM 5



We've had a blast this year delivering curriculum activities to your pupils:

★ Thanks for being awesome!!!



Year Group	Activities	Objective	Outcome	Total hours delivered
1	Dance	Developing skill	Emerging	
3	Dance	Developing skill	Achieving	22
4	Dance	Developing skill	Achieving	23
6	Dance	Developing skill	Achieving	

'Year 3 dance routine about World War 2 was jam packed with lots of content about the war and all did really well at portraying a solider character'. **Miss Sinnott**

Exercise increases blood flow to the brain as well as releasing endorphins. There is direct correlation between physical activity and academic performance.

Pupils were engaged in the lunch club by requesting music of their choice

PALs leaders supported KS1 and helped to get them involved in the dance activities

We even got staff involved in a mass macarena



EXTRA-CURRICULAR

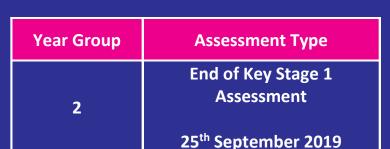
As well as the curriculum activities, we've delivered a number of Lunch Club activities, which have been a lot of fun!

Year Group	Activities	Objective	Outcome	Total hours delivered
Whole School	Dance & Aerobics (Lunching Club)	Applying Skill	Exceeding	23

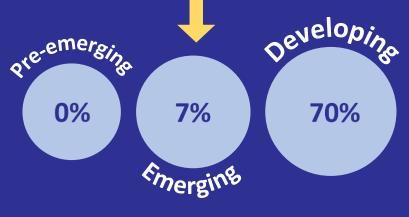
Taking part in team sport or activities can greatly improve a child's self-esteem and bring even the most timid pupils out of their shells. It's a chance to make new friends and forge lasting bonds, whilst picking up valuable life skills along the way...



ASSESSMENT









Year Group	Assessment Type	
6	Sports Stars Academy Assessment	
	23/09/2019	





Secure 70% Gifted! 20% Sport Star!!
10%

The sport stars assessment is designed to identify the strongest overall 'talent' in the district at year 6. Pupils who make the top 50 are invited to the academy, to encourage their transition into higher level training. With the focus on strength and conditioning, healthy eating, and important life skills like teamwork, leadership and problem solving. The academy equips children with the tools they will need as they advance further through their chosen sports.

The academy programme is set to re-start over the summer holidays to give them some development and support, assisting young people in preparing for their next steps.



BIKEABILITY & &





Chorley School Sports Partnership deliver Bikeability to school-age children, helping them to learn the skills to ride safely and confidently on today's roads.

Cycling is not only a preferable way for pupils to get to and from school, it's a great way to be more active, spend quality time with family or friends and stay healthy! Levels 1 & 2
12th & 13th September
30th & 31st October 2019



14 hours of delivery



39 of them received a Level 1 certificate



31 children progressed to the next session and got their Level 2 certificates

well done everyone!



BALANCE BIKING

Bikeability Balance develops those crucial early cycle handling and awareness skills in 4-7 year olds using games on balance bikes, trikes or adapted cycles. It drives up confidence and inspires progression to pedal cycling.

Year Group	Date	Outcome
Reception	8 th & 9 th January 2020	30 children participated over 4 hours of delivery

LEADERSHIP & DEVELOPMENT









PALS Identifying and nurturing a passion for sport and leadership at an early age is crucial to maximise pupils' potential. The PALs (Physical Activity Leaders) programme is designed to equip older children with the skills needed to lead younger children in physical activity and sport.

PALs training was delivered on 4th October 2019

33 pupils from Year 5 took part

for leaders to use with the pupils

17th January 2020

6 pupils then went on to train as Bronze **Ambassadors**

SCHOOL SUPPORT



The comprehensive services provided by Chorley SSP are tailor made to fit the needs of each school, assisting School Leaders and Head teachers to meet the growing demands and expectations.

By creating an almost 'on call' service to for staff to access a one stop shop, providing 1:1 help with planning and monitoring, a bank of knowledge, expertise and resources, delivery of professional development and achievement of national awards

We support staff to make the most impact in their school, to ultimately improve the educational experiences for all young people through PE, school sport, health and cultural activities

FA Active Play through storytelling Inset attended by 3 members of staff 04/04/20



School Games Participation Award 19/20

1-2-1 PE Support Meeting 04/09/19



NEW School Games Virtual Participation Award 19/20

Music co-ordinator 'Big Sing' Inset attended 15/01/20

conference attended by 2 members of staff 25/11/19

Health &

Wellbeing

Partnership day attended 19/09/19

