EYFS PSHE Overview

Autumn 1	Autumn 2	Spring 1
Me and My Relationships	Valuing Difference	Keeping Myself Safe
Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus I'm special, you're special	Includes aspects of Relationships Education
All about me	Same and different	What's safe to go onto my body
What makes me special Me and my special people	Same and different families	Keeping Myself Safe – What's safe to go into my body (including medicines)
Who can help me?	Kind and caring (1) GOR	Safe indoors and outdoors
My feelings	Kind and caring (2)	Listening to my feelings (1)
My feelings (2)		Keeping safe online People who help to keep me safe
Spring 2	Summer 1	Summer 2
Rights and Responsibilities	Being My Best	Growing and Changing
Includes money/living in the wider world/environment	Includes keeping healthy/Growth Mindset/goal setting/achievement	Includes RSE-related issues
Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	Seasons Life stages – plants, animals, humans Life stages: Human life cycle – who will I be? Getting bigger Journey In Love - RSE

Year 1 PSHE Overview

Autumn 1	Autumn 2	Spring 1
Me and My Relationships	Valuing Difference	Keeping Myself Safe
Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus Pre-assessment	Includes aspects of Relationships Education Pre-Assessment
Pre-assessment	Same or different?	Healthy me
Why we have classroom rules	Unkind, tease or bully?	Super sleep
Thinking about feelings	Harold's school rules	Who can help me? (1)
Our feelings	Who are our special people?	Harold loses Geoffrey
Feelings and bodies	It's not fair!	What could Harold do?
Our special people balloons	Post assessment	Good or bad touches
Good friends		https://learning.nspcc.org.uk/rese arch-resources/schools/pants-
How are you listening? Post assessment		teaching Sharing pictures Post assessment
Spring 2	Summer 1	Summer 2
Rights and Responsibilities	Being My Best	Growing and Changing
Includes money/living in the wider world/environment Pre-assessment	Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment	Includes RSE-related issues
Harold's wash and brush up	L can eat a rainbow	Taking care of a baby
Around and about the school	Eat well	Then and now
Taking care of something	Catch it! Bin it! Kill it!	Who can help (2)
Harold's money	Harold learns to ride a bike	Surprises and secrets
How should we look after our money?	Pass on the praise	Journey In Love - RSE
Basic first aid	Harold has a bad day Post assessment	
Post assessment		

Year 2 PSHE Overview

Autumn 1	Autumn 2	Spring 1
Me and My Relationships	Valuing Difference	Keeping Myself Safe
Includes feelings/emotions/conflict resolution/friendships Pre-assessment	Includes British Values focus Pre-assessment	Includes aspects of Relationships Education Pre-Assessment
Our ideal classroom (1)	What makes us who we are? How do we make others feel?	Harold's picnic
Our ideal classroom (2)	My special people	How safe would you feel? What should Harold say?
How are you feeling today? Bullying or teasing?	When someone is feeling left out	I don't like that!
Don't do that!	An act of kindness	Fun or not?
Types of bullying	Solve the problem Post assessment	Should I tell? Some secrets should never be kept
Being a good friend Let's all be happy! Post assessment		Post assessment
Spring 2	Summer 1	Summer 2
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment	Growing and Changing Includes RSE-related issues A helping hand
Getting on with others	You can do it!	Haven't you grown!
When I feel like erupting	<u>My day</u>	Respecting privacy
Feeling safe How can we look after our environment?	Harold's postcard – helping us to keep clean and healthy Harold's bathroom	Basic first aid Journey In Love - RSE
Harold saves for something special	My body needs	
Harold goes camping	What does my body do?	
Playing games	Post assessment	

Year 3 PSHE Overview

Autumn 1	Autumn 2	Spring 1
Me and My Relationships	Valuing Difference	Keeping Myself Safe
Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus Pre-assessment	Includes aspects of Relationships Education Pre-Assessment
Pre-assessment As a rule	Family and friends	Safe or unsafe?
My special pet	My community Respect and challenge	Danger or risk? The Risk Robot
Tangram team challenge	Our friends and neighbours	Alcohol and cigarettes: the facts
Looking after our special people How can we solve this problem?	Let's celebrate our differences	Super Searcher
Dan's dare	Zeb Post assessment	None of your business! Raisin challenge (1)
Thunks		Help or harm?
Friends are special Post assessment		Post assessment
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Spring 2	Summer 1	Summer 2
<u>Rights and Responsibilities</u>	Being My Best	Growing and Changing
Includes money/living in the wider world/environment	Includes keeping healthy/Growth Mindset/goal setting/achievement	Includes RSE-related issues
Pre-assessment	Pre-Assessment	Relationship Tree
Our helpful volunteers	Derek cooks dinner! (healthy eating)	Body Space
Helping each other to stay safe Recount task	Poorly Harold	Secret or Surprise? Basic first aid
	Poorly Harold For or against?	Here I
Recount task Harold's environment project Can Harold afford it?	Poorly Harold	Basic first aid
Recount task Harold's environment project	Poorly Harold For or against? Lam fantastic!	Basic first aid
Recount task Harold's environment project Can Harold afford it? Earning Money	Poorly Harold For or against? Lam fantastic! Getting on with your nerves!	Basic first aid

Year 4 PSHE Overview

Autumn 1	Autumn 2	Spring 1
Me and My Relationships	Valuing Difference	Keeping Myself Safe
Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus Pre-assessment	Includes aspects of Relationships Education Pre-Assessment
Pre-assessment An email from Harold!	Can you sort it?	Danger, risk or hazard?
Ok or not ok? (part 1)	Islands Friend or acquaintance?	Picture Wise How dare you!
Ok or not ok? (part 2)	What would I do?	Medicines: check the label
Different feelings	The people we share our world with	Know the norms
When feelings change	That is such a stereotype! Post assessment	Keeping ourselves safe Raisin challenge
Under pressure Post assessment		Post assessment
Spring 2	Summer 1	Summer 2
Rights and Responsibilities	Being My Best	Growing and Changing
Includes money/living in the wider world/environment	Includes keeping healthy/Growth Mindset/goal setting/achievement	Includes RSE-related issues
Pre-assessment	Pre-Assessment	Moving House
Who helps us stay healthy and safe?	What makes me ME!	My feelings are all over the place!
It's your right	Making choices SCARF Hotel	Preparing for periods Secret or surprise?
How do we make a difference?	Harold's Seven Rs	
In the news! Safety in numbers	My school community (1)	Journey In Love - RSE
Logo quiz	Basic first aid	
Harold's expenses	Post assessment	
Why pay taxes?		
Post Assessment		

Year 5 PSHE Overview

Lend us a fiver!Star qualities?of here!Local councilsBasic first aidDear AshPost assessmentPost assessmentStop, start, stereotypes	Autumn 1	Autumn 2	Spring 1
feelings/emotions/conflict resolution/friendships Includes British Values focus Pre-assessment Education Pre-Assessment Collaboration Challenge! Kind conversations Jay's dilemma Give and take Happy being me Spot bullying How good a friend are you? The land of the Red People Ella's diary dilemma Being assertive It could happen to anyone Play, like, share Our emotional needs Post assessment Smoking: what is normal? Void stassessment Would you risk it? Post assessment Spring 2 Summer 1 Summer 2' Rights and Responsibilities Being My Best Growing and Changing Includes money/living in the wider Pre-assessment Includes keeping healthy/Growth: Mindset/goal setting/achievement Pre-assessment Fre-Assessment What's the story? Getting fit Dear Hetty Fact or opinion? It all adds up! Different skills Mo makes a difference My school community [2] It could happen to anyone Spending wisely Independence and responsibility Help! I'm a teenager – get me out of here! Lend us a fiver! Star qualities? Dear Ash Stop, start, stereotypes Stop, start,	Me and My Relationships	Valuing Difference	Keeping Myself Safe
Collaboration Challenge!Qualities of friendshipThunking' about habitsGive and takeHappy being meSpot bullyingHow good a friend are you?The land of the Red PeopleElla's diary dilemmaRelationship cake recipeIs it true?Decision dilemmaBeing assertiveIt could happen to anyonePlay, like, shareOur emotional needsPost assessmentDrugs: true or false?CommunicationSummer 1Summer 2Spring 2Summer 1Summer 2Rights and ResponsibilitiesBeing My BestGrowing and ChangingIncludes money/living in the widerIncludes keeping healthy/Growth Mindset/goal setting/achievement Pre-AssessmentIncludes REF-related issuesWhat's the story?Getting fitTaking notice of our feelingsFact or opinion?Lit alids up!Dear HettyRights, responsibilities and dutiesDifferent skills My school community (2)Growing up and changing bodiesMo makes a differenceMy school community (2)It could happen to anyoneLend us a fiver!Star qualities? Dear AshDear AshLocal councilsBasic first aid Star qualities?Dear AshPost assessmentPost assessmentHeip! I'm a teenager - get me out of here!	feelings/emotions/conflict resolution/friendships		Education
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	Local councils	Basic first aid	
Journey In Love - RSE	Post assessment	Post assessment	Journey In Love - RSE

Year 6 PSHE Overview

Autumn 1	Autumn 2	Spring 1
Me and My Relationships	Valuing Difference	Keeping Myself Safe
Includes	Includes British Values focus	Includes aspects of Relationships
feelings/emotions/conflict	Pre-assessment	Education
resolution/friendships		Pre-Assessment
Pre-assessment	OK to be different	
Working together		Think before you click!
0	We have more in common than not	
Let's negotiate		Traffic lights
0	Respecting differences	Ŭ
Solve the friendship problem		To share or not to share?
	Tolerance and respect for others	
Assertiveness Skills		Rat Pack
	Advertising friendships	
Behave yourself		What sort of drug is?
	Boys will be boys? – challenging	
Dan's day	gender stereotypes	Drugs: it's t <mark>h</mark> e law!
(C)		-Non
Don't force me	Post assessment	Alcohol: what is normal?
1. alter		FEIN
Acting appropriately		Joe's story (part 1)
0 2)		1 4 · DP
It's a puzzle		Joe's story (part 2)
		000
Post assessment		Post assessment
		21031
Spring 2	Summer 1	Summer 2
Spring 2 Rights and Responsibilities	Summer 1 Being My Best	Summer 2 Growing and Changing
Rights and Responsibilities	Being My Best	Growing and Changing
Rights and Responsibilities Includes money/living in the wider	Being My Best Includes keeping healthy/Growth	
Rights and Responsibilities Includes money/living in the wider world/environment	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE-related issues
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment	Being My Best Includes keeping healthy/Growth	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing
Rights and Responsibilities Includes money/living in the wider world/environment	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment	Growing and Changing Includes RSE-related issues
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great!
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life!	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth?	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great!
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life!	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth?	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1)	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal?
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations!	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2)	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2)	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1)	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal?
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations!	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2) Happy shoppers	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2)	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash What is HIV?
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2)	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2) Happy shoppers Democracy in Britain 1 – Elections	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash What is HIV?
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2) Happy shoppers Democracy in Britain 1 – Elections Democracy in Britain 2 – How	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash What is HIV?
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2) Happy shoppers Democracy in Britain 1 – Elections	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash What is HIV?
Rights and Responsibilities Includes money/living in the wider world/environment Pre-assessment Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 and 2) Happy shoppers Democracy in Britain 1 – Elections Democracy in Britain 2 – How	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement Pre-Assessment Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Growing and Changing Includes RSE-related issues Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash What is HIV?